

RAJAGIRI HIGHLIGHTS

An IQAC Initiative

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INSTITUTIONAL ACHIEVEMENTS

- Rajagiri has been ranked 2nd in the Kerala Institutional Ranking Framework 2024
- Rajagiri College of Social Sciences (Autonomous) has been held in high esteem at the India Elite Education & Institutional Excellence Awards & Conference 2024, National Edition. The college has been honored with the title of "Leading & Prominent Social Science Degree College of the Year 2024" for South India in the category of "Quality Education, Excellent Administration & Social Contribution." The institution has also been honored with an Excellence Award in the category of "Excellence in Educational Standards Adaptability & Implementation."
- Rajagiri has been honored with the prestigious best NSS Unit award 2023.
- The National Service Scheme Unit No.59 of Rajagiri College received the Sahacharee Award 2023 from the department of Social Justice, Government of Kerala.

INSTITUTIONAL PROGRAMMES

SPLENORE 2024

Rajagiri College of Social Sciences (Autonomous) marked a milestone with the successful completion of its 10th International Graduate Fest, Splendore 2024 held from December 11 - 13. Themed "A Decade of Splendour," the fest celebrated a decade-long journey of creativity, competition, and social consciousness. Drawing participation from 73 institutions with over 900 participants, this year's edition stood out for its scale and engagement. Rev. Fr. Benny Nalkara CMI, Provincial of Sacred Heart Province and Manager of Rajagiri College, inaugurated the event. The valedictory ceremony was graced by Rev. Fr. Rintle Mathew CMI, Administrator of Rajagiri College, who delivered the felicitation address. Adding gravity to the occasion were Dr. Ann Baby, Dean of Student Affairs, and Fr. Dr. Shinto Joseph CMI, Assistant Director, who offered their felicitations.



Self-Defense Training Program for Girl Students



Rajagiri College of Social Sciences in collaboration with KSWDC, organized a self-defense training programme for girl’s students on 6th December 2024 at Darsanam open auditorium. K R Gopikrishnan, Executive Editor, Twenty-four, was the chief guest. Mr. Hanshi B Anilkumar and Ms. Kyoshi Suma AS were the training instructors. The session was a very useful one for the students. The training enhanced the self-confidence of girl students facing a critical situation.

The College Union 2024 Inauguration & Kerala Piravi celebrations



The Kerala day celebration and the swearing in ceremony of the newly elected members of the Students Council of Rajagiri College of Social sciences (Autonomous) were held on 1st November 2024 in a befitting manner. The celebration was inaugurated by Rev. Dr. Saju M. D. CMI, Principal of RCSS. A collective recital of the Malayalam language pledge was led by Rev. Dr. Shinto Joseph CMI and it was repeated in unison by the students. Dr. Manoj Mathew (Dean, HRDC), Dr. Ann Baby (Dean, Students’ Affairs), Dr. Achamma Alex (Head, Dept. of English & Languages) and Dr. Sony G. (Asst. Professor, Malayalam) felicitated the occasion. The Chairman of The Students' Council, Mr. Jenin Jitty delivered the vote of thanks.

SPIC MACAY Kerala Chapter



On 13 November 2024, our institution had the privilege of hosting a soulful Qawwali performance under the aegis of

SPIC MACAY. The event aimed to promote India’s rich cultural heritage and introduce the students to the timeless beauty of Qawwali, a Sufi art form rooted in devotion and spirituality. The event featured the renowned Warsi Brothers, led by Shri Mohammad Ahmad Khan Warsi, accompanied by Shri Waris Nawaz, Shri Arshad, Shri Ikhlas Hussain, Shri Mohammad Naqvi, Shri Mohammad Faiz, and Shri Rahat Hussain.

Workshop on Entrepreneurship and Innovation in Higher Education Institutions

A 5-Day Faculty Development Workshop on Entrepreneurship and Innovation in Higher Education Institutions was held on 5 November 2024 at Carmel Hall, RCSS. This workshop was designed to equip faculty members with essential knowledge and skills to foster entrepreneurship and innovation within academic settings. The first session of the workshop, titled "Entrepreneurship Opportunities in Higher Education Institutions" was led by Mr. Ajay Basil Varghese, Serial Entrepreneur and Startup Coach.

K-REAP Software Presentation Programme

Kerala State Higher Education Council organized a one-day K-REAP Software Presentation Program and Autonomous College Meeting. The programme was hosted by Rajagiri College of Social Sciences (Autonomous) on 4th November 2024 at Carmel Hall, Hill Campus.

There were participants from 30 autonomous colleges in the state and the Principals and faculty who are in charge of admissions/ examinations, and software services in FYUGP were the beneficiaries of the programme.

Christmas Celebration – Christmas Noël



The Christmas celebration (Christmas Noël) was joyfully conducted by the College Union on 19 December 2024. The programs commenced at 10:30 AM with the presence of our esteemed dignitaries, including Principal Rev. Dr. Saju M.D. CMI, Associate Director Rev. Dr. Shinto Joseph, and Dean of Student Affairs Ms. Ann Baby. The event was attended by faculty, non-teaching staff, and students, all coming together to celebrate the spirit of Christmas. Various competitions were also conducted to engage participants and encourage creativity.

Course File Preparation Workshop

The Internal Quality Assurance Cell (IQAC) of Rajagiri College of Social Sciences (RCSS) organized a Course File Preparation Workshop on 1st October 2024 at Carmel Lab. The workshop that focused on the critical importance of proper course documentation as part of the Assurance of Learning (AoL) programme was attended by faculty members of the College.

FACULTY ACHEIVEMENTS



- Fr. Dr. Saju M D, Principal, Rajagiri College of Social Sciences (Autonomous), Kalamassery is promoted as Professor.
- Mr. Shiju Thomas M Y, Assistant Professor in the Department of Computer Science, is awarded Doctoral Degree in Computer Science and Engineering from Christ University, Bengaluru, for his work, Designing A New Encryption – Then – Compression System for Grayscale Images utilizing Entropy Encryption.
- Mr. Saji George, Assistant Professor is awarded the Degree of Doctoral Philosophy in School of Management and Business studies from Mahatma Gandhi University, Kottayam.
- Mr. Pramod U Korula, Assistant Professor, is awarded Doctoral Degree in Management from Assam Don Bosco University, Bengaluru, for his work, A study on Psychological Well Being, Resilience and Team effectiveness among employees in IT/ITES Organization in Info park, Cochin
- Ms. Anannya Gogoi completed her PhD from IIM Kozhikode on Inventory Ordering under Shortages due to Supply Disruption: An Experimental Study in the month of December 2024.
- Ms. Vaishnavi Balaji completed her PhD on An empirical study on the efficiency of Intellectual Capital components and its impact on Shareholder Value Creation and Sustainable Growth Rate of Agri Business Companies in India from Vellore Institute of Technology, Tamil Nadu, in December 2024.
- Dr. Anish KR is elected as an Executive Committee Member of the National Association of Professional Social Workers in India (NAPSWI)
- Dr. Giji George has been honored with the prestigious "Best Program Officer" award at the university level by Mahatma Gandhi University.

VALLEY CAMPUS

Inflre 2024



The theme launch of the 20th edition of “INFLORE 2024” was on October 15, 2024. Infloré 2024, “ATLANTIS”, South India's Biggest International Management Fest, where mystery leads legacy powered by Dolphin Shipping line (UK) Ltd, was held on October 18 and 19. The event had 900 participation for management and 1000 for non-management events. The fest showcased many talents from various institutions.

Faculty Development Program

The FDP for all faculty members of valley campus was held on October 29, 2024 by Dr. Robin Edward Gearing, Professor of Social Work and the Director of the Center for Mental Health Research and Innovation in Treatment Engagement and Service (MH-RITES), University of Houston. He addressed the faculty members on 2 topics: Applying for international grants and funding & Being effective mentors.

Rajagiri National Business Quiz 15th Edition

The 15th Edition of Rajagiri National Business Quiz was held on 30 November 2024. Mr. Sony Thayil, Chief Business Officer, Reliance Industries Limited, was the chief guest. 415 teams

participated. Assisi Vidyaniketan, Kochi, won in the school category, FMS Delhi, won in the college category and Q Company, Kochi, in the corporate category.

Rajagiri Basketball League

The 8th edition of The Rajagiri Basketball League (RBL) commenced from December 10 to 12, 2024. Ms. Stephy Nixon, International Basketball player was the chief guest at the valedictory. Fragoman was the winner from the corporate category and Christ College, Iranjalakudda from the College category. A teaching pedagogy of combining the extracurricular with learning was tried out during the RBL for the Tri 5 students for CPS paper.

Entrepreneurial Workshop for Women



A three-day workshop for women was conducted from December 13- 15, 2024 in association with Judith Forum. There were 23 participants. Fr. Dr. Francis Sebastian CMI, CA Abraham Joseph and Dr. Manoj Menon took sessions on Marketing, Personal Finance and Interpersonal communication. Four Students (2 from PGDM & 2 from MBA) took a session on social media and its usage. A session on baking and cooking was organized in association with Cheffield Institute of Hotel Management. On the last day a session on candle making was also organized.

HILL CAMPUS

DEPARTMENT OF SOCIAL WORK

Navajeevitham



On 2nd November, 2024 MSW second-year students from Rajagiri College of Social Sciences (Autonomous), became part of "Navajeevitham" an employee gathering of Harrison Malayalam Limited on the occasion of Diwali, under the guidance of Fr. Dr. Francis Manavalan (Assistant Director Valley Campus) and Sr. Shyba Babu. The Students assisted in various roles in the program and interacted with the natives of Chooralmala and Mundakkayam who were the survivors of the landslide.

International Workshop on the Role of Social Work in Disrupting Gendered Pathways to Prison

The Department of Social Work at Rajagiri College of Social Sciences, in collaboration with Western Sydney University, conducted an international workshop on the Role of Social Work in Disrupting Gendered Pathways to Prison on November 21, 2024. The theme of the event was 'Social Work Unlocking the Gates of Change'. The inauguration was led by Dr. Fr. Saju MD CMI, Principal, and Dr. Kiran Thampi, Head of the Department of Social Work. The workshop featured eminent speakers, including Dr. Rimple Mehta, Senior Lecturer at Western Sydney University; Dr. Upneet Lalli, Head Coordinator (Training & Research) at ICA, Chandigarh; and Ms. Renitta.

Street Theatre Workshop

The Department of Social Work at Rajagiri College of Social Sciences (Autonomous) organized a two-day theatre workshop on 6 - 7 November 2024, led by Mr. Sajith NS, CEO of ECHOES and Assistant Professor at Christ College, Irinjalakuda. The workshop offered the social work students a creative platform

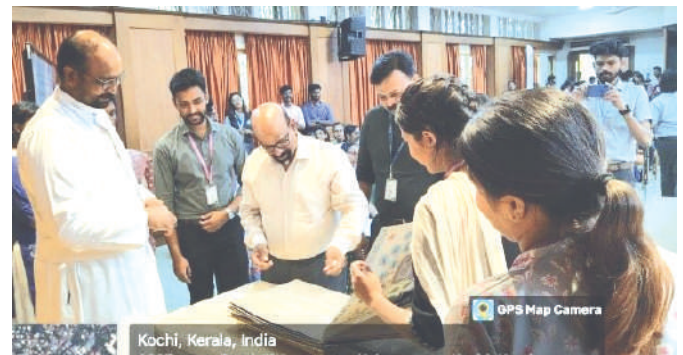
to develop skills in self-expression, empathy, and communication through theatre techniques. Mr. Sajith's expertise provided students with valuable insights into using theatre as a medium for social impact, making it an engaging and transformative learning experience.

Mega Drug Prevention Campaign



The Department of Social Work, Rajagiri College of Social Sciences (Autonomous), Kalamassery, conducted the inaugural session of Mega Drug Prevention Campaign, 'Mission detox: Together for a Change' as part of Nasha Mukta Bharath Abhiyan, R- COMPACT project, on 30 November 2024.

Pre-conference of the 24th ICSD International Biennial Conference, DYUTI (25th edition)



The Department of Social Work, Rajagiri College of Social Sciences (Autonomous), Kalamassery conducted the pre-conference session of the 24 ICSD International Biennial Conference, DYUTI (25th edition) on 10 December 2024. The esteemed speakers were Mr. Aloysius James, Expat Consultant, MEMISA Belgium, Rev. Fr. Dr. Saju M.D CMI, Professor & Principal, RCSS and Dr. Kiran Thampi Head, Dept. of Social Work, RCSS.

DEPARTMENT OF COMPUTER SCIENCE

Database Administration Workshop

A workshop was held on October 5th and 7th, 2024, for MCA students, covering key aspects of SQL Server. Participants



were introduced to SQL Server Management Studio and SQL Configuration Manager, exploring database types, log/data files, and essential DDL/DML commands. The afternoon session focused on high availability, disaster recovery, and security measures.

On the second day, the session delved into indexing, cluster types, fragmentation reduction, error logs, and task automation. Additionally, topics such as functions, stored procedures, and deadlocks were discussed, concluding with an introduction to Windows PowerShell. A Q&A session provided insights into IT careers and DBA roles.

Kripa Visit under Whole Person Education



As part of the Whole Person Education (WPE) initiative, our students and faculty recently organized a meaningful visit to the Kerala Rehabilitation Institute for the Physically Affected (Kripa). This visit aimed to provide support, raise awareness, and foster empathy among students by engaging with individuals overcoming physical challenges. During the visit, students interacted with Kripa's residents, listening to their stories, sharing in activities, and gaining insights into their

daily lives and resilience. The experience helped students reflect on the importance of inclusion, compassion, and community service. Through this impactful encounter, the WPE program continues to emphasize holistic growth by promoting values that go beyond academic learning.

The Coding Training Sessions

The Coding Training Sessions conducted by Aesthetics on December 7 & 9, 2024, aimed to enhance students' programming skills through hands-on exercises, problem-solving tasks, and algorithmic thinking. Emphasizing practical implementation and debugging, the sessions covered programming languages like Java and Python. Participants engaged in real-time coding challenges, strengthening their logical reasoning and technical expertise. Trainers provided constructive feedback to help students refine their problem-solving approaches. This comprehensive training equipped students with the skills and confidence needed for coding rounds in recruitment processes, boosting their technical proficiency and analytical abilities.

DEPARTMENT OF PSYCHOLOGY

Mental Health Week Observance



Every year, World Mental Health Day is typically observed on 10 October, but this year, the Department of Psychology extended the celebration to an entire week, designating it as Mental Health Observance Week. The events took place from 4 - 10 October, engaging students and staff in meaningful activities. The celebrations commenced officially on 4 October 2024, when the third-year students of the BSc Psychology program, organized a special event to commemorate this occasion, and ended with a beautiful street play by the first year students with the Post Graduate students supporting them throughout the week.

Social Responsibility Club of ACSR, observed National Pollution Prevention Day on December 2, 2024. The event featured impactful initiatives designed to raise environmental awareness and promote sustainable practices. Coordinated by second-year MSc Psychology students, the observance was guided and supported by Principal Rev. Fr. Dr. Saju M.D., CMI.

Center Visit to Deivadan



On 30th November, 2024, we visited Deivadan and engaged in heartfelt conversations with elderly women, listening to their life stories and experiences. To uplift their spirits, we organized cultural programs, including a group song and a dance performance, spreading joy and warmth. Concluding the visit, we divided into teams for cleaning, gardening, and cultural program management, embracing service, empathy, and community engagement.

Observance of National Pollution Prevention Day

The Department of Psychology at Rajagiri College of Social Sciences, in collaboration with the Rajagiri Center for Climate Change and Research (RCCCR) and the Sustainability and

DEPARTMENT OF MANAGEMENT AND PROFESSIONAL STUDIES

Rethreads Campaign



BBA students actively participated in the Rethreads Thrift Drive held on November 16, 2024, at the Kaloor and Edapally metro stations, promoting the cause of sustainable fashion. Through their enthusiastic efforts, the drive garnered a remarkable Rs. 9,500 in sales, setting a new record and highlighting the importance of reducing waste through thoughtful reuse.

Kalypso 2024



The Kalypso outbound camp in Munnar, held from November 14–15, 2024, brought BBA 2nd year students together for an unforgettable experience of teamwork and personal growth. Through a series of challenging activities and outdoor adventures, students honed their problem-solving skills, built resilience, and strengthened their bonds. The camp fostered camaraderie and a spirit of collaboration, leaving participants with valuable life lessons and cherished memories amidst Munnar’s serene landscapes.

Grand Launch of the Wellbeing Club & Marketing Club

The inauguration of the Wellbeing Club was honored by the presence of Rev. Dr. Saju M D CMI, Principal, RCSS, Rev. Dr. Shinto Joseph CMI, Dr. Ann Baby, Dean - Student Affairs, and



Dr. Anju Elizabeth Cherian. Adding a special touch to the occasion, renowned film director Tom Emmatty addressed the audience, delivering an inspiring talk on mental health and holistic well-being. His insightful words reinforced the importance of creating a supportive and nurturing environment for students and staff alike.

On the same day, the Marketing Club was formally inaugurated in the esteemed presence of Rev. Dr. Saju M D CMI, Principal, RCSS, Rev. Dr. Shinto Joseph CMI, Dr. Manoj Mathew, Dean - HRD, Dr. Ann Baby, Dean - Student Affairs, and Dr. Linda Susan Mathew. The event was graced by the chief guest, Ms. Nita Abraham, owner of Yara by Nita, who captivated the audience with her inspiring journey as a successful entrepreneur. Her words encouraged students to embrace creativity, innovation, and entrepreneurial thinking, setting the stage for impactful marketing initiatives. The launch of both clubs reflects Rajagiri College’s dedication to providing students with meaningful opportunities for personal and professional development.

DEPARTMENT OF COMMERCE AND PROFESSIONAL STUDIES

Orientation on Exploring Career Opportunities

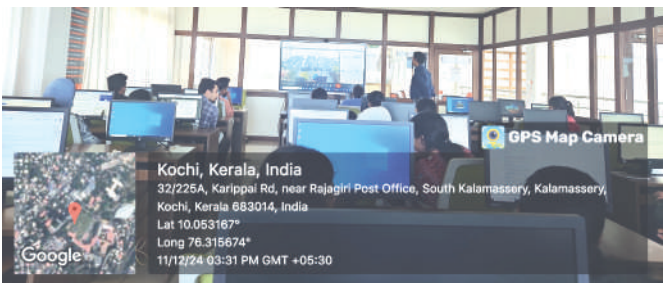


The SPAC- Learning and Teaching Pillar of Department of Commerce and Professional Studies in association with

Ernakulam Branch of SICASA of ICAI organised an orientation on Exploring Career Opportunities and Proven Approaches to excel in CA exams on November 26, 2024. The Session was led by CA. Roopesh Rajagopal and CA. Varada Dinesh. The orientation program commenced with the welcome speech by Ms. Sharlet Shibu (Student – B.com Model I Finance and Taxation- A Batch), which was followed by lighting the lamp ceremony and inaugural address by Dr. C. T. Francis (HoD – Commerce and Professional Studies). Ms. Sakshi Santhosh Jadhav (Alumni, Academic Coordinator-SICASA) felicitated the participants. The program featured two esteemed resource persons CA Roopesh Rajagopal, Chairman of SICASA and CA Varadha Dinesh a faculty member specializing in CA, CMA and CS.

DEPARTMENT OF LIBRARY AND INFORMATION SCIENCE

International Webinar on Employment Opportunities in Africa



The Department of Library and Information Science, Rajagiri College of Social Sciences, Kalamassery organized an International Webinar on the topic "Employment Opportunities in Africa" on 11 December, 2024. The session, held via Google Meet, featured Dr. Abubakar Ladan, University Librarian, Al-Qalam University, Nigeria, as the resource person. He discussed career opportunities for LIS professionals in Africa, highlighting the demand for digital librarians and research support staff. The event was coordinated by Dr. B. Elango, Assistant Professor, Department of Library and Information Science.

DEPARTMENT OF STATISTICS

MS Excel Peer Learning Session



As part of a peer learning initiative, the second-year MSc Statistics students from Rajagiri College of Social Sciences organized a training session on MS Excel for the Sahrudaya batch at the Rajagiri Centre for Skill Development (RCSD) on 2 November 2024. The goal was to share essential skills for data management and analysis using Excel, enabling students from diverse backgrounds to gain a practical understanding of this powerful tool.

Pre-conference Presentation



To foster a strong research culture among students, the Department of Statistics has facilitated the presentation of student research work at the Pre-Conference meet of the 24th ICSD Biennial Conference, on December 10, 2024. Under the guidance of faculty members, a total of 11 research papers were prepared for presentation. Prior to the conference, students presented their work to the faculty for final review and constructive feedback. This collaborative discussion aimed to refine the research and ensure its quality and readiness for the upcoming conference.

DEPARTMENT OF LANGUAGES

Annual Arts Day Competitions

'Visualit' under the Department of English & Languages collaborated with the College Students Union '24 in successfully organising its annual Arts Day competitions at Rajagiri College of Social Sciences (Autonomous) on the 3 - 4 January 2025. The two-day event provided students a platform to showcase their talents across various literary and oratory categories. The competitions were conducted in four languages—English, Hindi, Malayalam, and French. Students actively participated in all the writing, recitation, and elocution competitions. The event highlighted the college's commitment to nurturing creative and linguistic abilities among students. The competitions fostered a spirit of healthy competition and cultural appreciation, making the Arts Day a memorable and enriching experience for all involved.

International Teachers' Day Celebration

The Department of English & Languages celebrated International Teachers' Day with great enthusiasm and reverence on 5 October 2024. The highlight of the event was the release of a book titled, Chalks, Challenges, and Celebrations: Tales from the Teaching Frontlines, a unique collection of stories and reflections contributed by teachers from across India. The



event commenced with an inaugural welcome address by Dr. Achamma Alex, Head of the Department of Languages. The book release ceremony was conducted by Dr. Binoy Joseph, Associate Director of Rajagiri College of Social Sciences (Autonomous). In his speech, he applauded the Department for its initiative and encouraged further literary endeavors that spotlight the experiences of educators. Fr. Dr. Shinto Joseph CMI, Assistant Director of Rajagiri College of Social Sciences (Autonomous), and Dr. Ann Baby, Dean of Student Affairs graced the occasion with felicitation speeches. This event was yet another testament to Rajagiri College's commitment to fostering a culture of learning, storytelling, and collaboration within the educational community.

DEPARTMENT OF BIOSCIENCES

Mushroom Entrepreneurship Development Programme

The Department of Biosciences, RCSS, in collaboration with the Department of Scientific and Industrial Research (DSIR), organized a Mushroom Entrepreneurship Development Programme on 22nd November, 2024 at the RCSS campus. The one-day program aimed to support beneficiaries from

five Gram panchayats-Kadamakudy, Kottuvalli, Chedamangalam, Elamkunapuzha and Kandalloor - by providing hands-on training in mushroom cultivation.

As part of the Entrepreneur Development Program, an industrial visit was arranged on 23-10-2024 to Coonfresh Pvt. Ltd., Eramalloor, Alappuzha, for 14 selected women beneficiaries from these panchayats who had already initiated mushroom



cultivation. This visit provided them with practical industry exposure and insights to enhance their entrepreneurial journey.

Kerala State Biodiversity Board Project

A field survey and documentation on underutilized, wild edible plants used by the Malappandaram tribe of Iruttuthara Chathuppu Girijan Colony, Thenmala Grama Panchayath of Kollam district was successfully completed on 10th November, 2024.

Onsite One-day Demonstration trainings on Mushroom cultivation



On-site one-day demonstration trainings on mushroom cultivation was conducted for 17 women beneficiaries on 17th October, 2024 and for 20 women beneficiaries on 8th November, 2024 at the ESAF (Evangelical Social Action Forum) Foundation Training Centre, Aluva as part of a CSR initiative of ESAF Small Finance Bank.

DEPARTMENT OF PHYSICAL EDUCATION

MG University Men’s Basketball Championship



Mahatma Gandhi University men's basketball championship was held at RCSS, Kalamassery on 14 - 15 October 2024. The event was inaugurated by our Assistant Director Fr. Dr. Shinto Joseph in the presence of Dr. Ann Baby.



the second position. The championship was held over a span of two days at Rajagiri Sports and Cultural Centre, Kalamassery. A total of 8 colleges participated in the competition, with over 20 athletes, competing in singles and doubles. The tournament was organized by Mahatma Gandhi University, in collaboration with Rajagiri College of Social Sciences (Autonomous), Kalamassery, ensuring a smooth and professionally conducted event. The championship featured both Knock-Out Matches and League Matches, with each match adhering to the official rules and regulations of the sport.

MG University Women’s Shuttle Badminton Championship

MG University women’s shuttle badminton was held at RCSS, Kalamassery on 16 -17 November 2024. The team secured

STUDENT ACHIEVEMENTS



- * Ms. Leona Maria Jaison is honored as the best volunteer at the MG University level by the National Service Scheme (NSS)
- * The shuttle team won the Runner-Up position at the MG University North Zone Tournament.
- * Our Women’s Fencing Team won an outstanding victory at the MG University Championship tournament.
- * Ms. Rebecca Ann Jacob of BBA - Second Year won the prestigious Best Delegate Award at UN Replica 2024.

CENTRE FOR ENTREPRENEURSHIP DEVELOPMENT AND INNOVATION (CEDI)

Orientation Programme on ‘Entrepreneurship in Mental Health’



The Centre for Entrepreneurship Development and Innovation (CEDI), in collaboration with the Department of Psychology, conducted an orientation programme on ‘Entrepreneurship in Mental Health’ on 5th October 2024 at Carmel Hall, RCSS. The session was led by Mr. Vyshnav P G, CEO and Founder of PsychoLab.

The event commenced with a welcome address by Ms. Susana Sijo, Staff Coordinator, followed by the inaugural speech by Dr. Anita Rajah, Head of the Department of Psychology. Dr. Pradeep P N, Assistant Professor and CEDI Coordinator, delivered the felicitation address.

Panel Discussion on Empowering Professional Social Workers as Social Work Entrepreneurs



On December 3, 2024, the Centre for Entrepreneurship Development and Innovation (CEDI), in collaboration with IEDC, REDC, and the ED Club, Department of Social Work, organized a panel discussion titled "Empowering Professional Social Workers as Social Work Entrepreneurs" at the Golden Aureole. Dr. Pradeep P. N. welcomed the gathering, and Dr. Kiran Thampi inaugurated the event, emphasizing the importance of entrepreneurial skills in social work. Panelists Mr. Sreejesh O. V. and Mr. Balraj shared inspiring insights on leveraging entrepreneurship for societal impact. Moderated by Dr. Pradeep, the session engaged 120 MSW students. Dr. Anil John delivered the vote of thanks.

INTERNATIONAL ACADEMIC COLLABORATIONS



- * Rajagiri College of Social Sciences (Autonomous) and Western Michigan University (WMU), USA have signed a Memorandum of Understanding (MOU) to expand their articulated programs for BSW students to progress to MSW at WMU.
- * A member of the faculty from University of Houston, USA, visited Rajagiri college and gave a talk to social work students. He also discussed the faculty led Study Abroad Programme.
- * Dr. Rimple Mehta from Western Sydney University, Australia, spent four weeks at Rajagiri College as part of a collaborative project.
- * Delegates from VCU visited gave a session to our seven students who enrolled in RASAP programme.
- * Delegates from University of Edinburgh visited for the discussion on possible expansion on the collaborative activities.
- * Two MSW students attended the Annual Postgraduate Research Symposium 2024 organised by the Chinese University of Hongkong in the Month of December.

‘LIFE’ RAJAGIRI CENTRE FOR HAPPINESS AND WELLBEING

Extension Activities

Life had extended its services to Wayanad landslide disaster relief work. Sr. Shyba, Social Worker at Life had participated in a 9-day psychosocial intervention program in association with the Department of Social Work and Harrisons Malayalam Limited, supporting plantation workers in Wayanad. Various services like counselling, family visits, psychiatric aid, and community initiatives were done.



Mental health at Workplace

A half day workshop on Mental health at Workplace was conducted at MES Special School, Edathala by the social worker trainees as part of their field work practicum on 23 October 2024. The session was handled by Aarcha Gowri Varma. The session highlighted the need to focus on mental health of the staff for effective functioning of an organization. The special educators were encouraged for self-care and practice healthy ways of coping with the stressors. The session provided a platform for the staff to discuss their concerns with the management who assured strategies to resolve them.



OFFICE OF PLACEMENTS

LinkedIn Orientation

The Placement Office of Rajagiri College of Social Sciences, in association with the Departments, organized a LinkedIn first level training program for UG: III B. Com, III BBA, I BBA (F&B, HR), II & III BSW, II & III BSc Psychology, PG: I IMBA, II MCA, II MSc Comp Science, II MSc Psychology, II MLIBsIC students. The sessions were led by Face Prep Academy. This comprehensive training provided participants with access to premium LinkedIn accounts, enhancing their ability to connect with professionals, recruiters, and industry experts.

Placement Training

The Placement Cell of Rajagiri College of Social Sciences, in association with the Department of Social Work and Psychology, organized a Pre- Placement training program for final Year MSW/MSc Psychology/BSW/BSc Psychology students on 30



November 2024. There were 84 students in total to attend the program. The primary objective was to give an orientation to the students on how to prepare for Group discussion, Personal Interview and Resume writing. From Vidyamitra Four facilitators- Dr. Vinod RR, Dr. Raisun Mathew, Ms. Breeze Mary Mathew and Ms. Sneha Rose George- came for conducting the sessions.

RAJAGIRI STAFF WELFARE ASSOCIATION

Free Lifestyle Disease Diagnosis Camp



The Rajagiri Staff Welfare Association and the NSS Unit of Rajagiri College, in collaboration with Malabar Gold & Diamonds, organized a Free Lifestyle Disease Diagnosis Camp to promote health awareness and early detection of lifestyle-related diseases. The camp was held on November 19 at the Hill Campus and November 27 at the Valley Campus.

Medical professionals conducted free health screenings for diabetes, hypertension, and cholesterol, offering personalized consultations and preventive health advice. The initiative saw active participation from faculty and staff reinforcing the importance of regular health check-ups and a healthy lifestyle.

Christmas & New Year Celebration 2024-25



The Rajagiri Staff Welfare Association's Christmas & New Year Celebration 2024-2025 was held on December 19, 2024, at the Golden Aureole, Hill Campus, Kalamassery.

Provincial Rev. Fr. Benny Nalkara delivered an inspiring Christmas message, emphasizing love, compassion, and unity. The event featured a Christmas Carol Singing Competition and a Christmas Card Making Competition, where participants showcased their creativity and festive spirit.

The celebration concluded with warm greetings, joyful exchanges, and a shared sense of holiday cheer.

— COLLEGE - COMMUNITY ENGAGEMENTS THROUGH “LIVE LABS” —

RAJAGIRI OUTREACH

Public Hearing of Social Impact Assessment Studies



13 Public Hearings of Social Impact Assessment Studies for land acquisition were held in Ernakulam, Kannur, Palakkad, Malappuram, Thiruvananthapuram, and Kozhikode District from October 2024 to December 2024.

Child Protection Training (UNICEF)

As a U.N Partner Rajagiri outREACH was sanctioned UNICEF Funded Project on Mission Valsalya, Programme of Department of Women and Child Development Govt. of Kerala for Strengthening Child Protection Services in Kerala through capacity building, review, documentation and learning Exchange Programme. 4 Trainings were conducted during this reporting period, and the participants of the programme

were the Government Officials working under different child protection sectors of the Department of Women and Child Development.

International Elders Day Celebration 2024



The International Elders Day was observed on 11th October, 2024 at Rajagiri Higher Secondary School Auditorium, Kalamassery on the theme "Ageing with Dignity: The Importance of Strengthening Care and Support Systems for Older Persons Worldwide". This year, approximately 350 elders from various locations, including Kadamakudy, Kothad, Binanipuram, Chenoor, Pizhala, Karikattuthuruth, Moolampilly, Pallikara, and Kalamassery, had gathered to participate in this significant event. The program was organized by Rajagiri outREACH, the Professional Service Wing of Rajagiri College of Social Sciences (RCSS), and supported by Sud-Chemie India Pvt. Ltd.

FAMILY COUNSELLING CENTRE AND SERVICE PROVIDING CENTRE

Awareness Sessions on Stress Management and Relaxation Techniques

Two awareness sessions on Stress Management were conducted in October 2024 to promote mental well-being. The first session, held on October 5 at Edathala Anganwadi, was led by Family Counsellors and covered stress awareness, its effects, coping strategies, relaxation techniques, and self-care practices. Participants found it insightful and beneficial. In observance of World Mental Health Day, a second session on Stress Management and Relaxation Techniques for Women was held on October 10 at Mahila Mandiram, organized by interns from Rajagiri Family Counselling Centers. It focused on stressors unique to women, such as societal expectations, family pressures, postpartum depression, and hormonal changes. Participants engaged in practical coping strategies, breathing exercises, and mindfulness practices.

Both sessions were well received, providing valuable tools for managing stress effectively.

“Bullying Prevention and Peer Relationship”

An awareness session on bullying prevention and peer relationships was conducted on 15th October 2024 at Govt. Lower Primary School, Eloor, by the PGDCSW students of Rajagiri College of Social Sciences. The awareness session dealt with topics like friendship, peer groups, effects of friendship, bullying, and the importance of asking help from



others. It also included some extracurricular activities and some games.

Awareness Session for DDU-GKY Students

On October 24, 2024, an awareness session was conducted for the students of DDU-GKY, covering various laws in India, including the Domestic Violence Act, Consumer Protection Act, and POSH Act. A legal counselor provided insights into these laws, while a family counselor introduced the Family Counselling Centres and the services they offer. The session also informed students about support services available for individuals facing challenges, such as the Department of Women and Child Development, the Child Protection Unit, and the Women Protection Office.

RAJAGIRI CENTRE FOR SKILL DEVELOPMENT (RCSD)

Batch Certification, Offer Letter Distribution & Orientation



On November 27, 2024, the Multi-Skill Training Program (Batch 3) concluded with 20 students completing their training. The certification ceremony, led by Fr. Dr. Shinto Joseph CMI, featured a cake-cutting celebration. Of the graduates, 15 secured job placements, receiving their offer letters from Fr. Shinto.

The Batch 4 orientation followed on the same day, welcoming the final cohort of the financial year. Fr. Shinto emphasized skill development and career readiness, and trainees received welcome kits to begin their journey.

The event celebrated both achievements and new beginnings.

Commencement of New Skill Development Programme

Following the success of the previous year's initiative, Sud Chemie India Private Limited continued its partnership with RCSD under its CSR programme, aiming to empower women from Kadugallur Panchayat. The new Multi Skill Training program aiming to train 50 students, with the first batch comprising 23 trainees began their sessions on 4 December 2024. The program focuses on enhancing employability skills and fostering economic independence among women. Mr. Rajeev S R, Head of RCSD, provided an insightful orientation session, outlining the program's structure, goals, and opportunities for personal and professional growth.

Campus Interview

On 12th November 2024, a campus recruitment drive was conducted for Batch 3 students. Mr. Shifin K P, Regional Human Resource Manager from TATA Croma, led the interview process. A total of nine students participated, showcasing their skills and competencies. The recruitment process resulted in five students securing job placements. This event was a significant step in fostering employment opportunities and motivating students to pursue professional growth.

RESEARCH METRICS

(As on 31st December, 2024)

